

МЕДИЦИНСКИ УНИВЕРСИТЕТ – СОФИЯ Medical University - Sofia МЕДИЦИНСКИ ФАКУЛТЕТ Faculty of Medicine – Dean's Office

PHYSICS AND BIOPHYSICS CURRICULUM

The curriculum has been adopted at the meeting of the Faculty Council № 41/08.07.2020

Annotation of the academic discipline

The program **"Medical Physics and Biophysics"** for students in **Pharmacy** is subdivided into two structural and temporal different parts - "Medical Physics" and "Biophysics. The teaching on the first discipline is placed in the first semester, on the second – in the second semester.

Studying the discipline "**Medical Physics**" helps to acquire theoretical knowledge of physical phenomena, principles and laws and their application in medical diagnostics and therapy. Students acquire skills to apply their knowledge in explaining the physical basics of electrodiagnostics and electrotherapy, the physical principles of ultrasound imaging, the biological effects of laser radiation, the nature of magnetic resonance imaging, X-ray computed tomography, the mechanism of apparatus for radionuclide diagnostics, etc.

Subject of the **Biophysics** are the physical principles founding all processes in the living systems. It is precise interdisciplinary science between physics and biology. It is fundamental experimental and theoretical discipline closely related to mathematics, biochemistry and physiology. It is crossing the areas of physics, chemistry and physical chemistry. Learning biophysics helps students in pharmacy in the formation of problem based thinking, just because of the need to use knowledge from many scientific areas for the explanation of the mechanism of functioning of the living matter at a particular level of organization. In the lecture course in biophysics are included the topics "Biothermodynamics", "Biomembranes", "Free radicals and oxidative stress", "Membrane transport", "Electrical properties of cells and tissues" and "Nanotechnology in medicine". Acquiring the knowledge offered in these topics is necessary for the understanding of the phenomena concerning the interactions of drugs with membranes and cells. It will help the students in pharmacy in the development of new strategies for drug therapy and optimization of newly designed medicaments. For the practical exercises the students are required to obtain by self-study the knowledge needed for finding solution for formulated experimental problem. The practical education consists of 4 experimental practices, one seminar and an exam on the learned material.

Lectures

A "Medical Physics"

- 1. Structure of solids
- 2. Structure of liquids
- 3. Hydrostatics.
- 4. Hydrodynamics
- 5. Phase separation in liquid heterogeneous systems
- 6. Sound
- 7. Psychophysical characteristics of sound
- 8. Ultrasound
- 9. Temperature and heat
- 10. Thermal exchange, laws
- 11. Electric field
- 1

- 12. Electrical conductivity of liquids
- 13. Magnetic field. Lorentz force
- 14. Magnetic properties of substances
- 15. Physical basis of electrodiagnostics
- 16. Physical basis of electrotherapy
- 17. Reflection and refraction of light
- 18. Dispersion and absorption of light
- 19. Scattering of light
- 20. Polarization of light
- 21. Optical lenses
- 22. Human eye as an optical system
- 23. Optical microscope
- 24. Electron microscope
- 25. Optical atomic spectra
- 26. Molecular spectra
- 27. Luminescence
- 28. Lasers
- 29. Radioactivity
- 30. Activity of radioactive sources
- 31. X-ray (Roentgen ray) radiation
- 32. Interaction of photon ionizing radiation with matter
- 33. Interaction of charged particles with matter
- 34. Effect of ionizing radiation on human organism. Dosimetry quantities

B Biophysics

- 35. Basics of thermodynamics
- 36. Basics of non-equilibrium thermodynamics
- 37. Thermodynamics of living systems. Bioenergetics
- 38. Thermodynamics of biopolymers
- 39. Biomembranes functions, types, composition. Membrane lipids
- 40. Biomembranes role of membrane proteins. Fluid-mosaic model
- 41. Model membranes
- 42. Molecular mobility in membranes. Phase transitions
- 43. Free radicals in living systems
- 44. Oxidative stress and antioxidant protection
- 45. Basics of membrane transport
- 46. Free diffusion of ions and hindered diffusion
- 47. Osmosis and filtration
- 48. Facilitated passive transport
- 49. Active transport
- 50. Main types of biopotentials
- 51. Resting potential
- 52. Action potential
- 53. Surface electric charge of cells. Electrophoresis
- 54. Passive electrical properties of cells and tissues
- 55. Nanotechnologies in medicine drug nanocarriers
- 56. Nanotechnologies in medicine diagnostic methods, biomaterials

Seminars

A "Medical Physics"

- 1. Determination of dynamic viscosity of liquids.
- 2. Determination of surface tension of liquids.

- 3. Photometric values and measurements.
- 4. Determining the threshold of hearing with pure-tone audiometry.
- 5. Electrical modeling of the biological objects.
- 6. Determination index of refraction of liquids by refractometer.

7. Measuring the activity of a radioactive source by relative method. Determination of half-life of a radionuclide.

- 8. Photocolorimetric determination of the concentration of solutions.
- 9. Test. Seminar: Atomic and molecular spectra.

<u>B</u> "Biophysics"

- 1. Iontophoretic permeability determination of the human skin in vivo
- 2. Investigation on the diffusion potential in model system
- 3. Electrophoretic estimation of the surface electric charge of red blood cells
- 4. Transport through artificial membrane
- 5. Semianar "Biopotentials"
- 6. Exam on the practical exercises and seminars final test

Ongoing assessment – oral testing and middle tests during the semester.

Syllabus for theoretical semester exam

- 1. Structure of solids
- 2. Structure of liquids
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- 11. Electric field
- 12. Electrical conductivity of liquids
- 13. Magnetic field. Lorentz force
- 14. Magnetic properties of substances
- 15. Physical basis of electrodiagnostics
- 16. Physical basis of electrotherapy
- 17. Ultraviolet, visible and infrared radiation
- 18. Reflection and refraction of light
- 19. Scattering and absorption of light
- 20. Polarization of light
- 21. Optical lenses
- 22. Human eye as an optical system
- 23. Optical microscope
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- 56. Nanotechnologies in medicine diagnostic methods, biomaterials

Academic literature:

A "Medical Physics"

- 1. Lecture notes.
- 2. Medical Physics Exercise book, ISBN 978-954-9566-73-4, Издателство ТЕМТО, 2018 г.

B "Biophysics"

1. B. Tenchov, R. Koynova, L. Traikov, Lecture notes in biophysics, Simelpress, Sofia 2019

2. R. Glaser, Biophysics. An Introduction, 2012, Sringer-Verlag, Berlin Heidelberg New York, ISBN 978-3-642-25212-9

3. Weiss, T. F., Cellular Biophysics - Two Volume Set, MIT Press, 1996, 1318 pp., 758 illus, ISBN-10: 9780262529570

4. Texts for the practical exercises and seminars